YOU SAY FRITTATA
WE SAY FAST AND VERSATILE DINNER
{page 32}

MR. NO
HUGH LET BOND GET AWAY
DISH {page 26}

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$8B ship deal for B.C.

Package is largest procurement ever won in province Jobs will be created over 3 decades

KENDRA WONG/FOR METRO

KENDRA WONG
VANCOUVER@METRONEWS.CA

Seaspan Marine Corporation has won an $8-billion federal shipbuilding contract to construct non-combat vessels that is expected to create 4,400 jobs for the province's shipbuilding industry.

The deputy minister of public works and government services, Francois Guimont, announced yesterday that B.C. will be responsible for the construction of the ships over the next three decades. The deal is part of a $35-billion shipbuilding initiative, the largest since the Second World War.

According to Seaspan CEO Jonathan Whitworth, the company will build at least seven ships: Four Canadian Coast Guard science vessels, two navy support ships and an icebreaker.

Whitworth said a majority of the construction will occur at the Vancouver shipyard, while the finishing touches will be completed at the company's Victoria shipyard.

The deal will not only ensure the growth and stability of the shipbuilding industry, but also provide worker stability.

"This means I don't have to go out of province for work," said Alex Suddes, who has been a welder at the shipyard for the last four years.

"It's a good jolt of blood, money and energy. It was a little slow for a while, but with this recent news it also means a longer lifespan for the company."

The federal government also awarded a $25-billion contract to Irving Shipbuilding Inc. in Halifax for the construction of combat vessels. Davie Shipyard in Quebec was also in the running, but lost both bids.

Davie Shipyard will be eligible to place a second bid for another $2-billion package consisting of smaller building contracts.

▶ The Seaspan North Vancouver shipyard, pictured yesterday.

Local

Family in search of answers

Dianne Rock vanished 10 years ago Loved ones hear details of strained relations between police, sex workers at Missing Women Inquiry {page 3}

Mix it up

Have fun with classic combo
{page 28}

Mystery feet linked to local woman

New Westminster resident committed suicide in 2004 {page 8}

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A decade of searching for answers

Family marks anniversary of Dianne Rock's disappearance at Missing Women Inquiry

MATT KIELTYKA
@METRONEWS.CA

"Dianne was a great person. She raised a family, was a hard worker. She loved what she did, taking care of the handicapped and the elderly. She lived a good, productive life until things started breaking up."
LILLIANE BEAUDOIN, ROCK'S SISTER

Not that she needed reminding, but it was impossible for Lilliane Beaudoin to forget why she was sitting in the midst of the Missing Women Inquiry yesterday along with the families of other victims.

Ten years to the day her sister Dianne Rock was last seen alive, Beaudoin was continuing her long search for answers and justice.

"It's difficult. It's been 10 years now," said Beaudoin who, along with her husband Rene, wore a white T-shirt with Rock's beaming photo.

She received a bouquet of flowers from the other victims' families at the inquiry. "I'm just glad we're here with all the other families so that they're helping us get through this day."

Rock, a mother of five children, was last seen Oct. 19, 2001, and her fate remained a mystery until Robert Pickton was charged with her murder six months later.

However, Beaudoin never had her day in court as 20 charges of first-degree murder — including Rock's — were stayed last year after Pickton's original conviction of six second-degree murder charges was upheld.

The inquiry, which began last week, finally offers her a chance to seek answers.

"I need to know the facts. I need to know why this happened," she said. "We have to seek the truth and get the truth about what went on with my sister."

Beaudoin said she didn't know the extent to which relations between sex-trade workers and police were strained.

Women were forced to work in unsafe, dark and isolated industrial areas as an unintended consequence of police enforcement in the Downtown Eastside.

Expert witnesses have testified that women were afraid to report incidents to police for fear of apathy, persecution and even assault.

Simon Fraser University criminologist Dr. John Lowman said some officers even resented sex-trade workers and believed they "deserve what they got."

Yesterday, former DTES street nurse Catherine Astin said many women felt police wouldn't take their concerns seriously.

"It was more of a relationship about aversion," Astin said. "They didn't feel safe always going to the police. Maybe they weren't listened to or they didn't feel they'd be treated in a respectful manner."

Already, the inquiry has been an eye-opener.

"We never knew what was going on in the Downtown Eastside," Beaudoin said. "It's totally amazing to us what we're hearing. One of the questions I had is, when something happened to my sister, why wouldn't she go to police? We know why now."

The inquiry continues.

MATT KIELTYKA/METRO

▶ Rene and Lilliane Beaudoin attend the Missing Women Inquiry in Vancouver exactly 10 years after Lilliane's sister, Dianne Rock, went missing from the Downtown Eastside.

1 news

Poor women whom the U.S. government moved out of the projects as part of an experiment in the '90s have benefited from lower obesity rates. Scan the code.

To scan 2D barcodes in Metro, download the free ScanLife app at 2dscan.com.

On the web at metronews.ca

Nicolas Sarkozy becomes the first modern-day French president to add a newborn to his family as his wife gives birth to a baby girl. Story at metronews.ca/world

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Mayor won't roll the dice on mega-casino

Gregor Robertson says no to gambling expansion for downtown

CHELSEA ALTICE
VANCOUVER@METRONEWS.CA

Vision Vancouver pledged a moratorium on both gambling expansion in the city and a proposed downtown mega-casino in an election campaign promise yesterday.

"We will continue to take a clear stand against the idea of a major destination mega-casino in the heart of our city's dynamic downtown core," Robertson said.

In a release, Vision said they've listened to community concerns about increased gambling in Vancouver and related crime and addiction.

"Voters can count on the Vision team to keep building a Vancouver economy that is renowned worldwide for being innovative, dynamic, creative and sustainable.

"A downtown mega-casino simply does not fit," said council candidate Tony Tang.

PHYLICIA TORREVILLAS/METRO

▶ U.K. writer Harry Whitehead's first novel, The Cannibal Spirit, hits stores Saturday.

60 SECONDS WITH HARRY WHITEHEAD

U.K. writer Harry Whitehead debuts his first novel, The Cannibal Spirit, which is based on the real-life story of historical figure George Hunt, a mixed-race shaman in British Columbia at the turn of the century.

Out of all the subjects in the world, why choose this one?
I came here 14 years ago to track down the true identity of this obscure 19th-century shaman from this part of the world, who I have read about in a number of old texts and become interested in. I discovered that his name was George Hunt.

What's the biggest challenge you faced in completing this?
It had to do with the voices because it's ordinary people as they actually spoke, not as they wrote. It's very hard to get a grip on, especially in British Columbia in the 19th century, when everybody came from everywhere and everybody spoke in a different style. It was a challenge to make it believable.

How does it feel to get your work published in Canada?
I always had a lot of trepidation about how Canadians would approach it. At least some Canadians have decided that they accept what I've written and they like it. That's kind of enough for me even if it doesn't go anywhere else in the world, I'll be happy.

PHYLICIA TORREVILLAS

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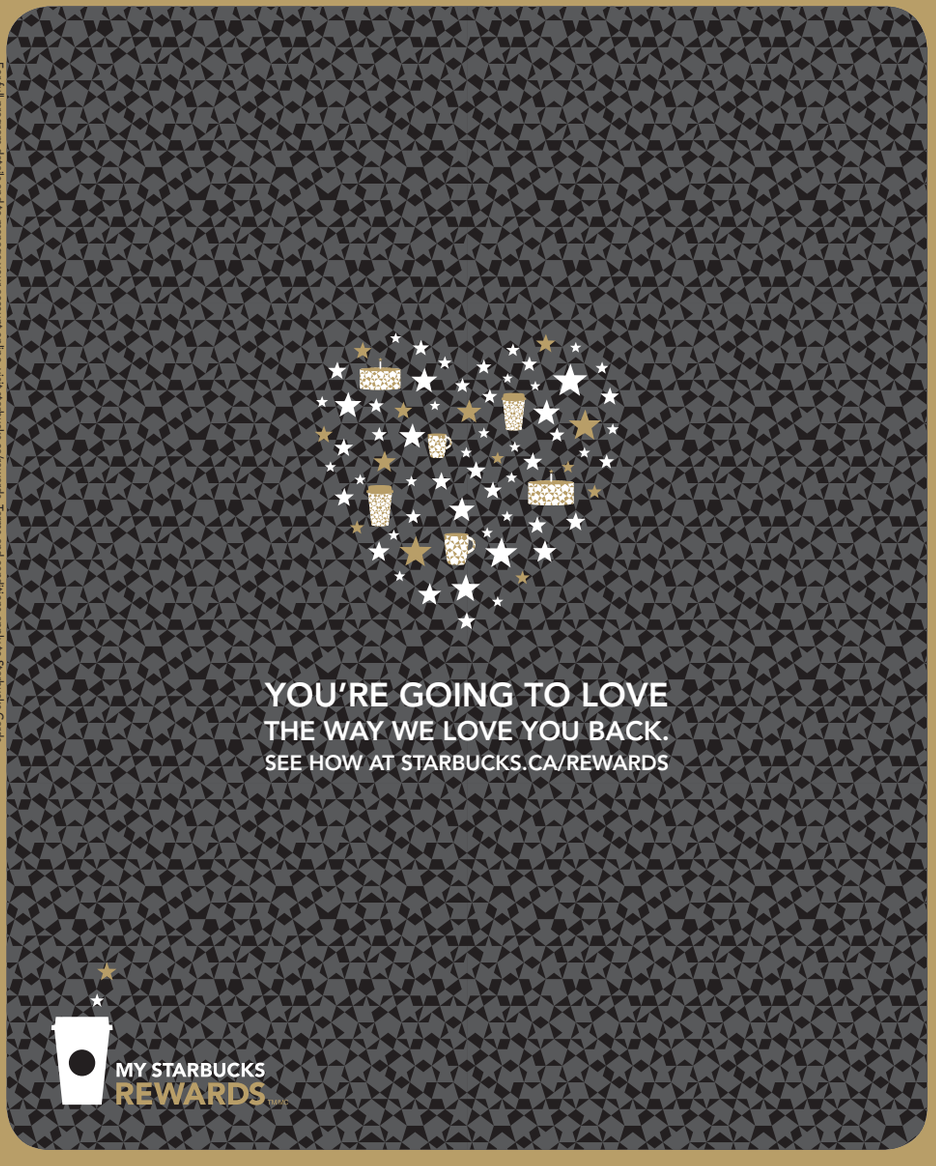

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Court rejects election-advertising law

B.C. government wanted to ban spending in the 60 days leading up to the election

Provincial elections in British Columbia may look and sound more like advertising-laden American campaigns, now that B.C.'s Appeal Court has ruled the province can't restrict election spending.

The court threw out an appeal by the B.C. government that wanted to reinstate legislation banning election spending in the 60 days leading up to the official election call.

Yesterday, the B.C. Appeal Court panel upheld a lower-court ruling that determined the government's limit of third-party spending was unconstitutional.

Seven unions, including the B.C. Teachers' Federation and the B.C. Nurses Union, launched a legal battle against Bill 42 shortly after the legislation was enacted in 2008.

Because of the fixed election date, the government had concerns there might be a spending "free-for-all" in the days preceding the campaign, and acted on recommendations of the B.C.'s chief electoral officer on election advertising.

The legislation limited third-party election advertising to $3,000 in a single district and $150,000 provincewide for two months before the May fixed-election date.

Teachers' federation president Susan Lambert said the court's decision is extremely important for freedom of speech.

"This was an outrageous attempt to stifle debate and leading up to an election period when citizens ought to be far more engaged," she said.

The province appealed the 2009 decision, claiming the limits were a minimal impairment to freedom of expression. But the three-member appeal court panel disagreed, ruling that limiting advertising interferes with third-party advocacy, lobbying and advertising unrelated to the election.

"The effect of the ... legislation overshoots its overall objective of electoral fairness," ruling judge Catherine Ryan wrote.

The Supreme Court of Canada already ruled that imposing spending limits during the election period was permissible. And that law will stay in place in British Columbia.

THE CANADIAN PRESS

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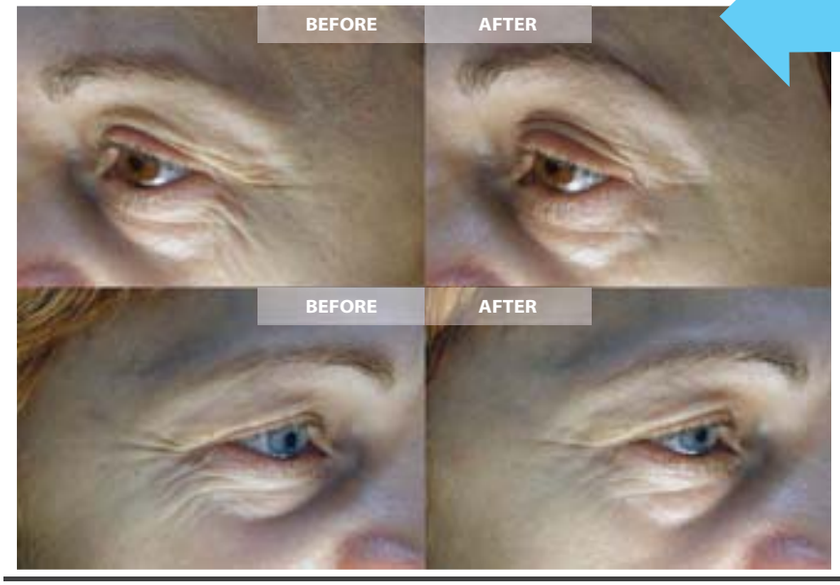

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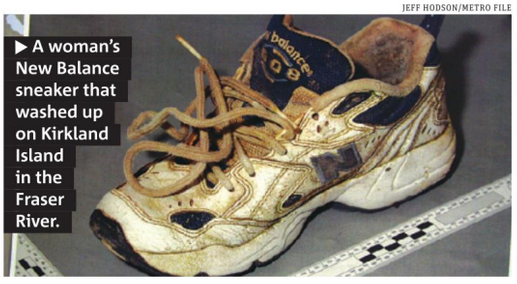

▶ A woman's New Balance sneaker that washed up on Kirkland Island in the Fraser River.

Severed feet ID'd as local woman's

MATT KIELTYKA
@METRONEWS.CA

The British Columbia Coroner's Service have been able to identify the woman whose feet were found in the Fraser River in 2008.

DNA analysis confirmed that two of the eight mystery severed feet found along the B.C. coast between 2007 and 2011 belong to a New Westminster woman who committed suicide by jumping off the Pattulo Bridge in 2004.

Her name is not being made public at the request of the family.

Autopsies found that the feet had naturally detached from the body in a process common to the marine environment.

To date, the Coroner's Service has been able to identify six of the feet as belonging to four individuals.

Efforts are ongoing to identifying who the remaining two feet belonged to in the bizarre mystery that garnered international headlines.

BC Hydro boss quits

Dave Copp to join Jim Pattison Group ◐ Led utility for just over a year

BC Hydro's president and CEO has quit, a little more than a year after taking the job, as the Crown-owned utility works toward a cost-cutting reorganization aimed at ensuring power rates stay low.

Dave Cobb took the job in a high-profile announcement in May 2010.

For the six years previous, he helped steer financing for the Vancouver Olympics as deputy CEO of the organizing committee. Before that, he had an executive role with the company that owned the Vancouver Canucks.

Hydro said in a release yesterday that Cobb was leaving to take a job with the Jim Pattison Group, an opportunity Cobb said he couldn't pass up.

"BC Hydro helped build our province, and I've truly been honoured to lead the team during such an exciting and important time in our history," Cobb said in the news release.

His departure comes amid cost-cutting measures being implemented at Hydro after a government review panel that recommended Hydro cut up to 1,200 jobs, among other things.

The review was ordered by the provincial government after a public outcry that followed Hydro's announcement it wanted to hike rates by about 10 per cent in each of the next three years.

THE CANADIAN PRESS

JEFF HODSON/METRO FILE

▶ BC Hydro executive vice-president Greg Reimer, left, and CEO Dave Cobb at David Lam Park in February overlooking work on the Vancouver City Central Transmission project.

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ARREST GEORGE BUSH RALLY

Anti-Bush league mounts protest in Surrey

The Arrest George Bush Rally planned for today in Surrey is gaining momentum as a former Senate worker and four people who say they were tortured have pledged their support.

Former Senate page Brigette DePape, who was fired for holding up a "Stop Harper" sign during the throne speech in June, said she will travel with protesters from the Vancouver Art Gallery to the Surrey Economic Summit.

As well, Hassan bin Attash, Sami el-Hajj, Muhammed Khan Tumani and Murat Kurnaz, who say they were tortured during the Bush administration, will lodge a private prosecution in provincial court in Surrey.

The men claim they were subjected to beatings, sleep depravation and sensory overload, among other abuses, while in they were in U.S. custody.

Tumani demanded Bush be "held accountable for his actions, which continue to cause me and so many harm."

Several human-rights groups, including Lawyers against War, the Canadian Centre for International Justice and Amnesty International, will stage a protest outside the economic summit and urge Surrey RCMP to arrest the former president for his administration's treatment of detainees.

KENDRA WONG

Have a (POM) wonderful day

Morgan Spurlock in town to promote Greatest Movie Ever Sold

CHELSEA ALTICE
VANCOUVER@METRONEWS.CA

Thanks in part to a Vancouver resident, director Morgan Spurlock was able to maintain creative control of the final cut of his latest documentary, POM Wonderful Presents: The Greatest Movie Ever Sold.

The film explores the infiltration of product placement in the film and TV industries but, ironically, is financed entirely by product placement, with POM juice as the main sponsor.

Spurlock said yesterday that POM had originally wanted the last word on the movie before its release. Forgoing the final sign-off, POM then came to Spurlock with the idea of holding a North American sweepstakes in which he would accompany the winner to a private screening of the film, sponsored (of course) by POM.

"This movie is about making those kinds of compromises with the brands and asking if that product will help you tell the story," Spurlock said.

Vancouver resident Margaux Joyce Wosk won the contest that brings Spurlock to Vancouver on Saturday to view the movie with her and her invited guests. The bar will serve POMtinis (of course).

"The biggest thing is you don't realize how big a business it is," Spurlock said. "It is a multibillion-dollar industry that is expected to double by 2014."

Spurlock takes a pragmatic view of the commercialization of TV and film. He says popular products such as Coca-Cola have a presence in everyday life and can be necessary to tell a story.

However, he warns of the resurgence of brand power.

"We are on a very slippery slope of giving that power away," he said of advertising agencies involved in filmmaking. "They need to let the creative people control the creative."

JOE SCARNICI/POM WONDERFUL

▶ Morgan Spurlock shows off his product-placement suit at the premiere of his new documentary at the Sundance Film Festival this year.

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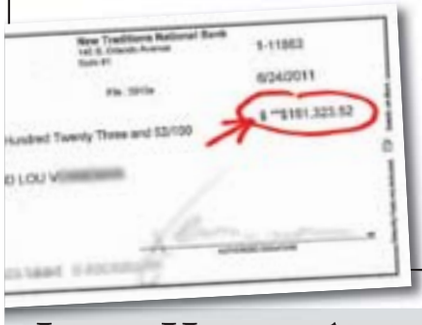

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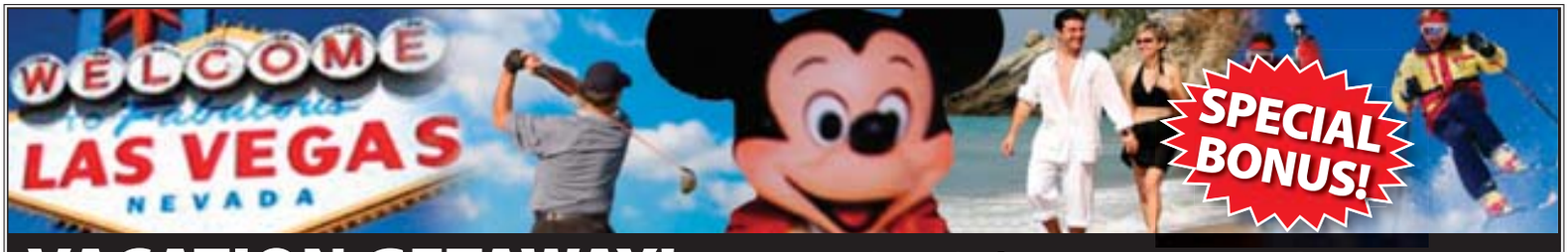

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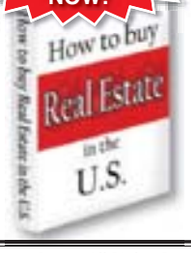

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Family's wait for justice to continue

Shoplifter was killed in Winnipeg

In the two years since Geraldine Beardy was killed after stealing a $1.89 can of lunch meat from a convenience store, her family has waited for someone to be held responsible.

That hope now appears dashed. The Crown has stayed a manslaughter charge against the shopkeeper accused of assaulting her.

"For any group to come in and say that it's OK to beat an aboriginal woman over the head over a can of Klik is not OK," David Harper said yesterday.

Harper is a distant relative of Beardy — she was the daughter of a cousin. Harper is also the grand chief of the Manitoba Keewatinowi Okimakanak, which represents 30 First Nations across northern Manitoba.

Beardy died in September 2009 from injuries she received outside a convenience store in a tough Winnipeg neighbourhood.

Police said Beardy was hit in the upper body as she left the store. She died five days later in hospital.

They charged the store owner, Kwang Soo Kim, with manslaughter.

THE CANADIAN PRESS

Mother of two

- Geraldine Beardy, 29, was a mother of two from the Garden Hill First Nation. She was in the city for medical treatment and was struggling to get by.
- She had fallen in with some of the city's homeless and had gone into a store to steal some lunch meat for herself and two friends.

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Gay. Protest

▶ Members of the Serbian gay community attend a protest in front of the government's headquarters in Belgrade yesterday. The people were upset over an apparent homophobic attack in the capital last week.

MARKO DROBNJAKOVIC/THE ASSOCIATED PRESS

Anger rises over attack

Satellite hurtling toward Earth

EADS ASTRIUM/THE ASSOCIATED PRESS

▶ The scientific satellite Rosat.

A retired satellite is hurtling toward the atmosphere and pieces of it could crash into the Earth as early as tomorrow, the German Aerospace Centre says.

Scientists are no longer able to communicate with the dead German satellite ROSAT, which orbits the earth every 90 minutes, and experts are not sure exactly where pieces of it could land.

Parts of the satellite, which is the size of a minivan, will burn up during re-entry but up to 30 fragments weighing a total of 1.7 tonnes could crash into the Earth sometime between tomorrow and Monday, centre spokes-man Andreas Schuetz told The Associated Press.

"All countries around the globe between 53-degrees north and 53-degrees south could possibly be affected," Schuetz said yesterday.

Long odds

- The German space agency puts the odds of somebody somewhere on Earth being hurt by its satellite at 1-in-2,000 — a slightly higher level of risk than was calculated for the NASA satellite.
- But any one individual's odds of being struck are 1-in-14 trillion, given there are seven billion people on the planet.

The largest single fragment of ROSAT that could hit into the earth is the telescope's heat-resistant mirror.

The satellite will re-enter the atmosphere at a speed of 28,000 kilometres per hour.

THE ASSOCIATED PRESS

Top court: Web link is not libel

Ex-Green party campaign manager had launched actions against Google, Myspace.com, Wikipedia

The Supreme Court of Canada has unanimously upheld a lower court's ruling that linking to a website containing libellous material does not in itself constitute libel.

The top court ruled yesterday against Wayne Crookes, a former Green party campaign manager who argued that posting links to sites with defamatory statements was the same as publishing the defamatory material.

The website in question did not reproduce any of the disputed material, nor did it make any comment on it.

In its ruling, the Supreme Court said there is a difference between simply linking to a website and actively encouraging someone to follow a link to a website with defamatory content.

Huge win

There were concerns that a decision siding with Wayne Crookes would have a chilling effect on the web.

"The ruling is a huge win for the Internet," said Michael Geist, a University of Ottawa law professor who holds the Canada research chair in Internet and e-commerce law.

"Making reference to the existence and/or location of content by hyperlink or otherwise, without more, is not publication of that content," the court wrote in its decision.

"Only when a hyperlinker presents content from the hyperlinked material in a way that actually repeats the defamatory content, should that content be considered to be 'published' by the hyperlinker.

"Such an approach promotes expression and respects the realities of the Internet, while creating little or no limitations to a plaintiff's ability to vindicate his or her reputation." THE CANADIAN PRESS

Gun. Men

▶ Top Guns members, from left, Cam MacQueen, 22, Drew Zimmerman, 24, Bear Johal, 24, and Taylor Love, 23, are seen at the University of Western Ontario in London yesterday. They came to collect donations and encourage students to start their own chapter of the charity, which raises money in the name of breast cancer.

ANGELA MULLINS/METRO

Raising cash for breast cancer

The Top Guns started their cross-country tour of college campuses in September as part of their effort to raise $135,000. So far, they've raised about $25,000, money that Victoria hospitals will put toward equipment used to treat breast cancer patients. To learn more about the charity, visit topgunscharity.ca.

Free coffee scam surfaces on Facebook

Coffee lovers across North America beware: if someone offers you a free cup of java on Facebook, it's probably too good to be true.

A scam popped up on Facebook over the weekend promising users a free Tim Hortons gift card if they liked a page and shared it with their friends. TORSTAR NEWS SERVICE

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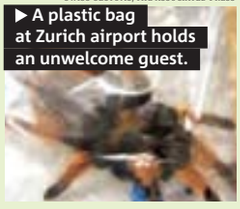

▶ A plastic bag at Zurich airport holds an unwelcome guest.

Oh, no: Spiders in his luggage

ODDITY. Swiss officials say they intercepted a man at Zurich airport carrying hundreds of spiders in his luggage.

About 260 Mexican red-kneed tarantulas were packed in plastic bags.

THE ASSOCIATED PRESS

Hungry pigs attack woman

FARM DRAMA. A 71-year-old woman in Macedonia has been hospitalized with serious injuries after being attacked by a herd of hungry pigs on her farm, reports said.

The woman from a village near the city of Bitola was being treated for a broken jaw, a broken left arm and an injured shinbone.

THE ASSOCIATED PRESS

Clawed by a kangaroo

ROUGH 'ROO. An Australian woman said a giant kangaroo attacked her while she was walking her dogs.

Janet Karson said she tried to stop the 'roo from attacking one dog.

"It reared up in front of me — it was huge," Karson said. "All I can remember is its claws going to work on me and the smell of my own blood."

The mauling ended, but she needed 20 stitches.

THE ASSOCIATED PRESS

Frantic big-game hunt after wild animals freed

Police shoot tigers, lions in U.S. game-park drama ◐ Owner kills self

TONY DEJAK/THE ASSOCIATED PRESS

▶ Motorists get a warning on I-70 near Zanesville, Ohio, after dozens of wild animals were released.

Sheriff's deputies shot nearly 50 wild animals — including 18 rare Bengal tigers and 17 lions — in an astonishing big-game hunt yesterday.

It happened after Ohio game park owner Terry Thompson threw open their cages and shot himself to death in what may have been a last act of spite against neighbours and police.

As homeowners nervously hid indoors, officers armed with high-powered rifles and shoot-to-kill orders fanned out through fields and woods to hunt down about 56 animals.

After an all-night hunt, 48 animals were killed.

Three leopards, a grizzly bear and two monkeys were captured.

A wolf was found dead, leaving a monkey as the only animal still loose.

Jack Hanna, TV personality and former zoo director, defended the sheriff's decision to kill the animals, but said the deaths of the Bengal tigers were tragic.

There are only about 1,400 of the endangered cats left in the world, he said.

Thompson, 62, had been released from prison just last month after serving a year for gun possession.

He had repeated run-ins with the law and his neighbours.

THE ASSOCIATED PRESS

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#OCCUPY THIS COLUMN

HE SAYS ...

JOHN MAZEROLLE
METRO

This official statement was voted on and approved by the general assemblies of protesters from various Occupy movements across North America and the globe.

• We write so that all people who feel wronged by the powers-that-be can know that we are your allies. #OccupyWallStreet

• They have taken our houses through an illegal foreclosure process, leaving a man to sleep in a garbage can and a six-year-old boy (we think) to sleep outside in a nest. #OccupySesameStreet

• They have perpetuated inequality and discrimination in the workplace, based on age, sex and gender identity, even hiring undercover police officers based on how sexy they are. #Occupy21JumpStreet

"They have poisoned the food supply with chocolate-flavoured corn cereal bits and crunchy marshmallows. #CountChoccupy WallStreet"

• They have profited off the torture, confinement and cruel treatment of countless non-union actors. #OccupyElmStreet

• They have left us without jobs by outsourcin' and now we want to cut off their whatnots wi' a pair o' garden shears, us. #OccupyCoronationStreet

• They have made terrible sequels with impunity, yet continue to charge exorbitant prices for popcorn. #OccupyWallStreet2:MoneyNeverSleeps

• They have poisoned the food supply with chocolate-flavoured corn cereal bits and crunchy marshmallows. #CountChoccupyWallStreet

• They're ugly and they smell bad. Na na na ni NA na. #MockupyWallStreet

• They have influenced the courts to put people on trial for the socialistic ideals of handing out gifts for free. #Occupy34thStreet

• They have held students hostage through poor education, meaning their only path to validation is intense dance competitions — no spotlights, no springboards — on the mean streets of Baltimore. #OccupyStepUp2:TheStreets

• They have continuously sought to kick us when we hit the ground, born down in a dead man's town, we end up like a dog that's been beat too much, till we spend half our life just covering up. #OccupyEStreet

• They have turned away from the unconditional love of God and the healing redemption of Circle Square Ranch. #Occupy100HuntleyStreet

• They have purposely overcharged for noise-cancelling headphones that are just a renamed version of cheaper headphones, and sold us "long-lasting" gum that doesn't last very long at all. #OccupyStreetCents

• They have forced women to wear low-friction boards on their feet and push them down steep icy inclines. #OccupyPicaboStreet

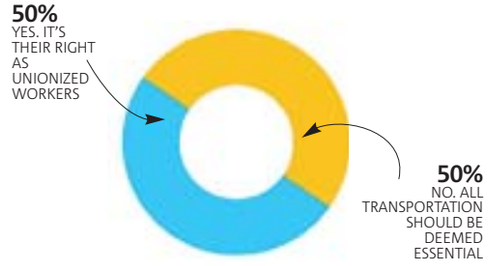
• They have taken away columnists' right to peacefully assemble by making us move along unless we kowtow to capitalism by buying another coffee. #OccupyThatTableInTheStarbucksNearestTheElectrical Outlet

• Hey! Look over there! #PreOccupyWallStreet

Read more of John Mazerolle's columns at metronews.ca/hesays

Register at metropolitanpanel.ca and take the quick poll

Should the Air Canada flight attendants be allowed to strike?



Local tweets

@CFL: Simon breathing down Stegall's neck - bit.ly/nv6qVU #BCLions #CFL

@seanlesliebc: #bcpoli @colemancountry says Cobb's departure a loss for Hydro; board will begin search for replacement, name interim CEO today.

@sportsnetmurph: #canucks another solid tribute night. First Luc Bourdon, now Rick Rypien. Very well done. Let's hope they never have to do another.

@maddyhatch: Thanks @VanCanucks for the very classy tribute to Rick Rypien & for all your initiatives to support mental health lbit.ly/p05orr

@wannabecanuck: Touching Tribute to Rick Rypien last night ! Rip

@janesong: I was working last night during the hockey game. I am not sure I want to see the Rick Rypien stuff. I am feeling emotional now. #Canucks

@alissaskins: I watched the Rick Rypien tribute from last night's game again today and just wept. Rest in peace, Rick. We'll miss you youtube.com/watch?v=tTGIAZ...

Letters

RE: Tasering of 11-year-old boy was OK: Vancouver police chief, published Oct. 18 on metronews.ca

This is exactly why it isn't OK for police to investigate police.

There was never any doubt what the conclusion was going to be in this case. There is also no question that there are NO circumstances short of a loaded gun in plain sight that would make it acceptable for two 200-pound police officers to have to Taser an 11-year-old kid.

TERRY MCKINNEY
VANCOUVER B.C.

RE: Don't throw yourself in my backyard, published Oct. 17

Skydiving is considered a sport. Those who try it are considered daredevils, people who grab life by the collar and people who want to try new experiences.

Although community members' complaints of noise and fumes are understandable, it has now become a part of the culture of the area and it helps the economy with about 1,000 flights taking place each week.

MELANIE ZAKARIAN
TORONTO

photo of the day

▶ This photo titled Speeding was submitted to the Photo of the Day category by Kevin Backus from Edmonton.

Metro invites its readers to join the Metro Global Photo Challenge — running in 100 cities on four continents — to win fantastic prizes and worldwide recognition. Enter your digital photos at metrophotochallenge.com. The contest runs until Nov. 22. As well as a chance to win a trip to any city Metro publishes, one submission will also be featured here daily.

WEIRD NEWS

Occupying the porch

GAIL J. LOVEMAN/THE ASSOCIATED PRESS

▶ Zeus, a Maine Coon cat, encounters a mountain lion in Boulder, Colo.

Gail Loveman's 11-year-old cat named Zeus usually stands tall and hisses when he sees a squirrel outside his owner's home. He wasn't as much of a tough guy when the animal on the other side of the glass was a mountain lion.

Loveman tells The Denver Post the encounter lasted five minutes before the mountain lion wandered off from her house near Boulder, Colo.

Loveman says she was in her home office last Thursday when she heard a noise and turned to see the mountain lion on the porch.

Zeus entered the room and walked to the sliding glass door for a closer look while Loveman snapped photos.

Loveman went upstairs and spotted a second mountain lion. She says both jumped a fence and left.

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Austerity bill receives first vote

Violence erupts in Athens square in response to bill's cuts, tax hikes

Greek lawmakers have granted initial approval to a new austerity bill whose spending cuts and tax hikes have sparked fury.

The bill received a 154-141 vote yesterday. A second vote on the bill's articles will be held today in the 300-member Parliament. Only after that vote will the bill have passed.

Riots broke out in Athens when about 100,000 people protested on the first of a two-day general strike.

Demonstrators hurled chunks of marble and gasoline bombs, while riot police responded with tear gas and stun grenades.

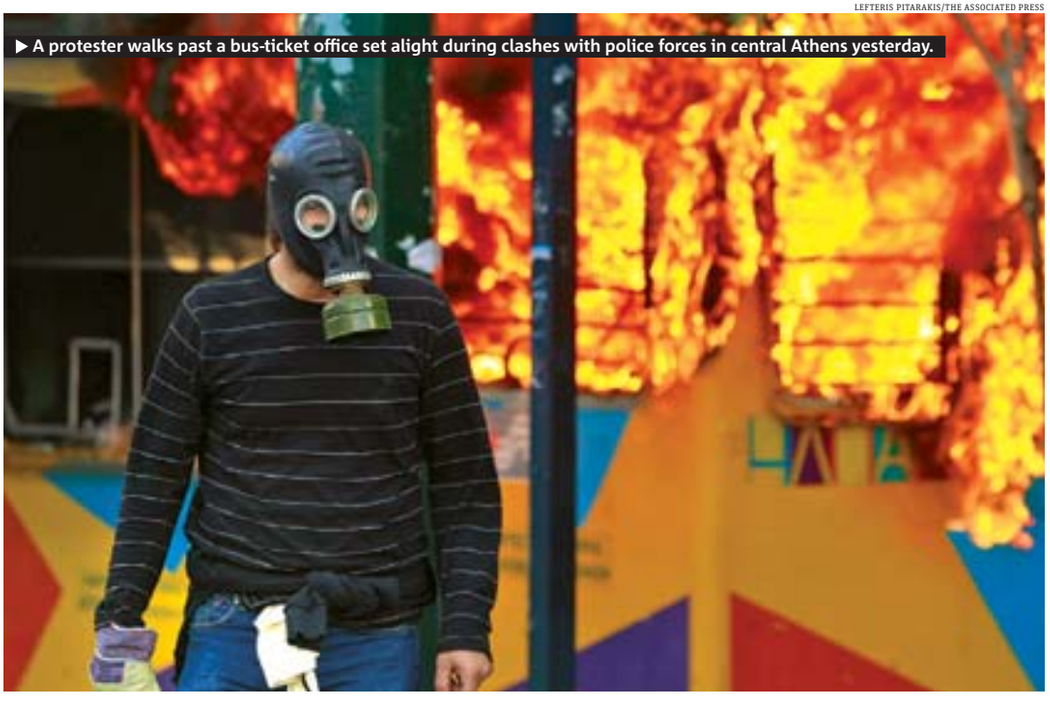
Measures include new tax hikes, further pension and salary cuts, the suspension on reduced pay of 30,000 public servants and the suspension of collective labour contracts.

THE ASSOCIATED PRESS

Market moment

TSX	Dollar
- 203.61 (11,849.50)	- 56¢ (98.02¢ US)
Oil	**Natural gas**
- 2.24¢ US ($86.29 US)	$3.586 (+ 3.3¢)
	Gold
	$1,647.00 (- $5.80)

LEFTERIS PITARAKIS/THE ASSOCIATED PRESS



▶ A protester walks past a bus-ticket office set alight during clashes with police forces in central Athens yesterday.

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Curtains drawn for Steve Jobs

Apple Inc.'s famous penchant for secrecy remained intact yesterday as the company's retail stores were curtained and employees were close-lipped about a private memorial service to celebrate the life of company co-founder Steve Jobs.

The service, announced to Apple employees in an email by CEO Tim Cook, took place at Cupertino headquarters and was webcast to employees worldwide.

▶ A token of mourning.

Before services started at 10 a.m. PDT, sheriff's deputies directed traffic and employees streamed toward the company's outdoor amphitheatre. Media handlers kept reporters from getting too close to the scene and tried to prevent them from speaking with employees.

Music drifted across the campus, and employees leaving the service said singer Norah Jones and the British rock band Coldplay performed live. Some said Coldplay front man Chris Martin told everyone to get back to work because that's what Steve Jobs would have wanted.

The mood was festive, employees said. Speakers included Cook, Apple's chief designer Jony Ive and former vice-president Al Gore, who reminisced about their experiences with Jobs and Apple. Jobs died Oct. 5 at age 56 after a battle with pancreatic cancer. THE ASSOCIATED PRESS

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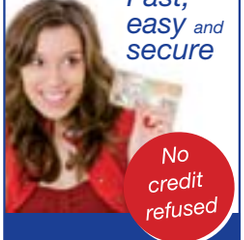

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News in brief

New e-reader to stir market

COMPETITION. The Canadian ebook company Kobo is getting into the crowded tablet market.

Orders are now being taken for the Kobo Vox, a full-colour seven-inch tablet about the same size as the BlackBerry PlayBook. It's selling for about $200 and shipping starts on Oct. 28.

THE CANADIAN PRESS

Netflix app joins Android

APPS. Netflix has released a new version of its mobile app that allows video streaming on Android devices in Canada.

Netflix already had an app to watch movies and TV shows on iPads and iPhones in Canada, and the company now supports Android phones and tablets here. A spokesman says the app supports the Android 2.2 and up and 3.x operating systems. THE CANADIAN PRESS

The beauty in that booty

Raphael Mazzucco new book celebrates bottoms all across the world ◆ Available Nov. 22

BACKSTAGE PASS

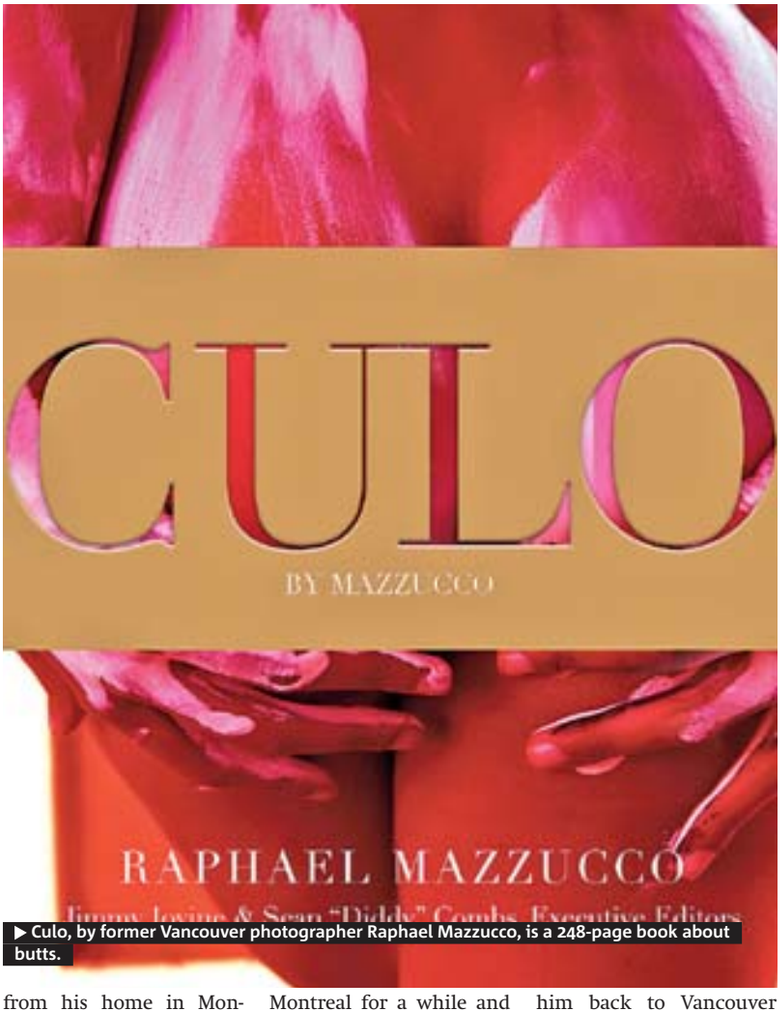
GRAEME MCRANOR
METRO VANCOUVER

It takes pages of posteriors to produce a book of bare butts. And fashion photographer Raphael Mazzucco travelled the world to cast just the right curves for Culo by Mazzucco, his artfully shot atlas of assets that celebrates the booty.

Mazzucco — who cut his creative teeth as a photographer here in Vancouver two decades ago — is probably best known for his work with the Sports Illustrated swimsuit issues, Guess clothing campaigns and celebrity portraiture. Though he recently made an appearance — with a Culo shout out from lead character Vincent Chase — on the final season of HBO's Entourage.

Culo — slang for backside in Spanish – is a 248-page bottoms-up collection of photos and art pieces featuring models and musicians, including Vancouver's Sarah McLachlan, who Mazzucco first met when he photographed her for the Nettwerk record label early in his career.

"One of the very first photographs I did was Sarah McLachlan," Mazzucco says on the phone from his home in Montauk. "I had a studio on Beatty Street. From there, I moved to Milan, where I stayed for five years. Then I moved to Holland, then Montreal for a while and now I've been in New York for almost 13 years."



▶ Culo, by former Vancouver photographer Raphael Mazzucco, is a 248-page book about butts.

Interestingly, it was an assignment shooting McLachlan that brought him back to Vancouver when the two-year Culo project was getting off the ground.

"She really wanted to be a part of it," he says. "And timing just allowed us to shoot her for the Culo book, which Jimmy and Diddy were really excited about."

"For me it's really art in its purest form. I've been shooting these types of things for many years — it's really just what I do."
RAPHAEL MAZZUCCO

That's Jimmy Iovine, chairman of Interscope Geffen A&M Records, who spearheaded the project after one of his recording artists, will.i.am, returned from a Brazilian video shoot with several hours of, well, bum footage. Iovine, along with music mogul Sean Combs, are the book's executive editors.

Mazzucco recorded rumps religiously on several continents, which prompted at least one observer to wonder aloud whether he has the best job in the world.

"For me it's really art in its purest form," he says. "I've been shooting these types of things for many years – it's really just what I do."

Culo by Mazzucco comes out Nov. 22. And he hopes there will be a release party next month here in Vancouver.

"We want to do something. I think it would be really great."

2 scene

Oasis

Legendary Canadian singer-songwriter Paul Anka and former Oasis rocker Liam Gallagher will appear on Cover Me Canada this Sunday. CBC-TV says Anka will be a special guest judge as the four finalists sing the Ottawa native's time-honoured tunes.
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Reese Witherspoon shares sexy 'secret' about pal Jennifer Aniston at a Hollywood event

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Comedian Rowan Atkinson reprises his role as bumbling British agent Johnny English

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HANDOUT

▶ Rowan Atkinson likens — but just a bit — Johnny English to the sillier James Bond movies from a decade ago.

Rowan Atkinson, the venerable British comic actor, is known as much for his bumbling, near-silent Mr. Bean as he is for the witheringly sarcastic Black Adder. He returns to cinemas this year with another of his characters, the blundering, very un-Bond-like British spy Johnny English. Bolstered by a surprising second life on DVD for the first film as well as Daniel Craig's revitalization of the franchise it mocks, Atkinson is hoping his spy has staying power. And if overseas box office receipts are any indication, it does.

The film has already had some impressive success around the world.

Yes, thank you. When you hear you're the No. 1 movie in Malaysia and Hong Kong and Indonesia and all these other places you think, Well that's curious. You know, these cultures about which I know absolutely nothing. Isn't it interesting that they can latch onto something like Johnny English Reborn and embrace it with as much enthusiasm as a British person would? Or Russia. I went to Moscow for a premiere there. That was fascinating — partly in fact from watching myself dubbed into Russian. I thought I sounded slightly effeminate, but maybe that's how they see the British. It's probably some kind of Russian subtext. "Make sure the Brit looks a bit effete."

Given the success of Mr. Bean and Johnny English, do you find people expect you to be a bit more dimwitted in real life?

Dimwitted? I'm not aware of that (laughs). Maybe I disappoint them — either by not being dimwitted enough or being more dimwitted than they thought I was going to be. Sometimes you get a sense of expectation of comedy, of a comic persona. When they discover that you're not Mr. Bean or anything like him, or even quite different — I hope — from Johnny English, as long as you can be polite and engaging, they might excuse you.

Getting chaired

One of the biggest laughs in Johnny English Reborn is during a tense briefing with the prime minister when Atkinson fails to control the raising and lowering of his chair.

▶ "There are a number of things at play there," Atkinson says. "One is the simple contrast, really, between a very serious meeting between the prime minister and his intelligence advisors — including Johnny English — and the ludicrous ineptitude of someone who's not controlling their pneumatic chair. And yet no one seems to stop the meeting and say, 'Would you stop playing with that chair!'"

Where did the idea of revisiting Johnny English come from?

When the first Johnny English movie came out, people thought it was a bit cheap and cheerful. A "yeah, OK, three good jokes but then what?" sort of thing. And then it rather bizarrely established this reputation as a kind of DVD movie that children in particular can watch over and over and over again. The second re-exploitation, as they say; the TV screenings and the DVD sales. And that's where Johnny English did surprisingly well. And I guess that was a lot of the justification for making a sequel, from a commercial point of view.

T.I. remade

Spending most of the last two years behind bars usually disqualifies someone from labeling themselves a role model.

But T.I. — back after his latest release from confinement — insists that he's still the voice to help shape the youth for good, perhaps even more so after his well-documented struggles.

"I understand if you have your reservations of my history or my criminal record. But my question to you is, 'Who do you have that has a clean record, a clean image, never did drug, never toted a gun? Who else do you have that can speak to these kids and they'll listen to them? If not me, who?'" he said during a recent interview

"I was actually making progress. I was doing good. I was touching lives and making a difference. "

T.I. is hoping to pick up where he left off, both with his community service and his career. He was released from a halfway house last month following an 11-month stint in a prison in Arkansas. He landed there after he was caught with drugs in California, just a few months after almost a year of incarceration for trying to buy automatic weapons and silencers.

Civil rights leader Andrew Young, who has been a mentor to T.I., said despite the rapper's rap sheet, he has the potential to positively influence this hip-hop driven generation in a similar way that Martin Luther King Jr. did during the civil rights movement.

▶ Rapper T.I.

"He's always to trying to keep peace," Young said of T.I. "He does not cause trouble. He's been a victim of trouble. He's done some stupid things like buying guns. ... But that's the challenge of life. How do you live a smart and creative life without getting suckered?"

THE ASSOCIATED PRESS

Knock, knock, knocking on opportunity's door

Former Guns N' Roses bassist Duff McKagan a real Renaissance man
Writes for ESPN.com, owns a wealth management company

In the years since Duff McKagan left Guns N' Roses and Velvet Revolver behind, he has emerged as something of a renaissance man. He writes about sports for ESPN.com, has his own wealth management company, Merdian Rock, for musicians, and now, is an author with the book, It's So Easy (and Other Lies). And he still rocks out with his group Loaded.

The book takes its name from a Guns N' Roses song, and details McKagan's triumphs and struggles. The Seattle-born rocker rose to fame in the late 1980s with Guns N' Roses, but would eventually become addicted to drugs and alcohol, until an epiphany one day changed McKagan's life.

The title of the book is It's So Easy, and yet it hasn't been so easy. What made it hard?

The band started to take off, and moving to L.A. was great. But I suffered panic attacks, young. And I found that drinking would dampen down the panic attacks. And I always thought to myself, "When I get up some free time, I'll deal with this," but as the band started to take off more and more, I got the panic attacks greater and greater, and I was drinking more and more. And then I found drugs, cocaine. I could drink more if I did cocaine, but cocaine would give me more panic attacks, and it would be this caustic kind of stew of action and reaction.

JOHN CARUCCI/THE ASSOCIATED PRESS

▶ Duff McKagan

What made you change?

I found reason in the hospital. My mom — I'm the last of eight kids — had Parkinson's (disease) at the time. She came to the hospital, and she was suffering Parkinson's shakes and she was in a wheelchair. I'm the youngest son. I realized then and there that order of things was wrong. I was supposed to be taking care of her.

You have said that kickboxing turned your life around. How did that happen?

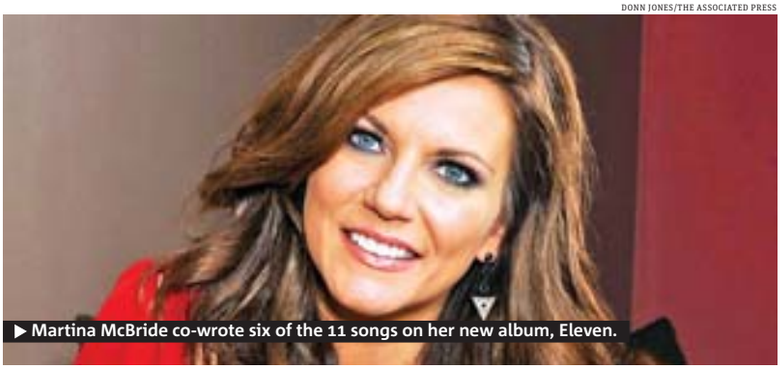
I looked like hell and there were boils coming out of my skin from drugs like leaving my body and this trainer said, 'There's somebody I want you to meet,' and they took me to this dojo ... He introduced me to sensei (teacher) Benny, and I could tell right away that he could see right through me, down inside of me and knew instantly.

THE ASSOCIATED PRESS

McBride gets makeover

Country star switches label, tackles writing her own songs

DONN JONES/THE ASSOCIATED PRESS



▶ Martina McBride co-wrote six of the 11 songs on her new album, Eleven.

Martina McBride was looking for that spark you get when you know you've discovered your true match. The country music star found it in Scott Borchetta and his Big Machine Label Group.

McBride's new album, Eleven, is her first for Republic Nashville, ending a two-decade association with RCA that included 18 million in album sales. But at 45, she finds the switch invigorating, and it has pushed her in directions she never really considered before.

Those days with RCA, she says, were good ones and the split was amicable.

"But it's also good after that long being in one place, to be able to transition to a place that has people that are just super, super excited about you," McBride said. "Sometimes in a long relationship, there comes a time when you just need to shake it up a little bit, and this feels like the first days when I was at RCA. Everything feels brand new again, and that's really a great thing, especially this far into a career."

Borchetta was very interested when he learned McBride wanted to talk about joining his group, home to other tops stars like Taylor Swift, Reba McEntire and Rascal Flatts. And why not? She's one of country's veterans and remains one of its most lauded singers. She's up for female vocalist of the year next month at the Country Music Association Awards again, seeking a record fifth win in the category.

The label head thought there was more to McBride than the public generally sees, though. He encouraged her to write more songs for Eleven than she had on any of her previous 10 albums, and he also thought she should get out of town while recording.

McBride, who also hired new management and brought in new co-producer Byron Gallimore during this period, found the label's support liberating. It reinforced her growing confidence to tackle intimidating things like songwriting.

She co-wrote six of the 11 tracks. There was the lead single Teenage Daughters that arose from a disagreement with her oldest daughter. Long Distance Lullaby, about being away from home, also grew out of an idea about three daughters. And then there's Always Be This Way, loosely inspired by Train's Hey, Soul Sister and Jason Mraz's I'm Yours, which she wrote because she "just wanted to write something fun. I don't think I've ever made a record that had so much of my attention, especially since I had children," McBride said.

THE ASSOCIATED PRESS

"Sometimes in a long relationship there comes a time when you just need to shake it up a bit, and this feels like the first days when I was with RCA"

MARTINA MCBRIDE ON MOVING TO A NEW LABEL

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Idol runner-up debuts album

Lauren Alaina to 'make it or break it' with record released last week

Lauren Alaina is growing up quickly.

The 16-year-old American Idol runner-up has spent the past four months since the show's season finale performing in arenas across the country, doing interviews, music video and photo shoots, and recording her debut album, Wildflower, released last week.

The former high school cheerleader is hoping the effort will help solidify her in the country music world, because she realizes the stakes are high.

"I feel like this first album is kind of make-it-or-break-it for me, because I just got off national television. So people know who I am, but they don't know who I am as an artist," said Lauren in a recent interview. "I just feel like this album is my way of kind of putting myself out there and showing them exactly who I am."

Billboard's associate director of charts, Keith Caulfield, believes Lauren is off to a good start. Her first single, Like My Mother Does, is in the top 40.

"Even though she has Idol as this great platform to launch her, she's still a developing artist. You usually don't see Idol winners with their first single on the country charts fly to No. 1," he said.

"I think both her and (winner) Scotty (McCreery) are both in a really good position right now, because they're both young and they're both singing country music," he added, noting that the success of Taylor Swift has opened doors for young performers in the genre.

The 12 songs Lauren chose for Wildflower reveal experiences she's gone through or stories she relates to on a personal level. She co-wrote one track, called Funny Thing About Love, with Nashville songwriting talents Luke Laird and Brett James.

Lauren cut a song Carrie Underwood co-wrote, called Eighteen Inches. As a former American Idol" winner, Underwood has provided meaningful support to Lauren. The two exchanged phone numbers, and Lauren asks her for advice when she gets upset. Recently, the Georgia native was feeling particularly homesick and reached out to Underwood.

"I just said, 'How do you deal with being away from your family for so long and just being gone all the time?' And she said, 'You have to think about all the positive stuff that's going on, because you have so much going for you right now. Your family will always be there.' Just hearing that from her, knowing that she had been through what I'm going through, just made me feel 10 times better," said Lauren.

THE ASSOCIATED PRESS

JEFF CHRISTENSEN/THE ASSOCIATED PRESS

▶ American Idol runner-up Lauren Alaina.

School's out for Gerry Dee

Comedian pulls plenty of material from his stint as a teacher

Dee on marking tests

"Just because I knew the question didn't mean I knew the answer, so I would just mark the smartest kid in my class, some kid that's probably a doctor now ... and I'd mark his first and that would become my answer sheet.

HANDOUT

▶ As a teacher, Gerry Dee was afraid of teaching smart kids, because he wasn't able to answer their questions.

Canadian comedian Gerry Dee has a big year ahead of him, with his own sitcom set to launch on CBC-TV in January, as well as a cross-Canada tour and a planned DVD and book release.

While the former contestant of NBC's Last Comic Standing has plenty to boast about when it comes to his comedy career these days, there was a time when he was shy about his standup, he says, noting it was during his days as a high school teacher in Toronto.

"That was a real secretive thing at first," Dee, 42, said in a recent phone interview from his Toronto home, where he lives with his wife and two young children.

"I'm a fairly clean comic now; I was squeaky clean when I started because I would be so afraid that kids would show up, or parents. And I was teaching at a really reputable, private Catholic school. I also wasn't the type of person to swear in my regular life that much, and it wasn't like I was hiding anything, but I remember it being embarrassing that people started finding out."

Dee, who was born Gerard Donoghue, riffs on that part of his life in his current Life After Teaching Canadian tour and new DVD of the same name, which is slated for release in January.

He's also writing a book about his days in the classroom, with the working title Teaching: It's Harder Than It Looks and a release date of next October.

Dee's teaching days are also the basis of his sitcom, Mr. D, which is set to premiere Jan. 9 (at 8 p.m. ET) on CBC.

Filmed in July and August in Halifax, the 12-episode series sees Dee playing an exaggerated version of himself as a teacher, a career he held down for a decade until 2003.

Co-stars include Jonathan Torrens (Jonovision, Trailer Park Boys), Wes Williams (a.k.a. rapper Maestro), Mark Little of Pinicface, and Gemini Award winners Booth Savage and Bette MacDonald.

The show has "a bit of an edge to it" and has the look and feel of The Office, said Dee, who played Donny in Trailer Park Boys: The Movie and had a weekly sports segment on The Score network.

"It's primarily about my character, who is teaching subjects that he doesn't know, and is just trying to get through the day and pretend he knows and be (the students') buddy and be their friend."

Such was Dee's experience in real life, too.

With a degree in physical education, Dee found himself outside of his comfort zone when he first became a full-time teacher and had to cover the subjects of history and geography for three years.

"You have to understand, I was teaching Grade 12 history, and normally a teacher teaching Grade 12 history kind of embedded their lives in history and they read a lot and they took it in university — and I didn't," said the Toronto native, who also details the experience in his 2007 live concert DVD, No Reading Ahead.

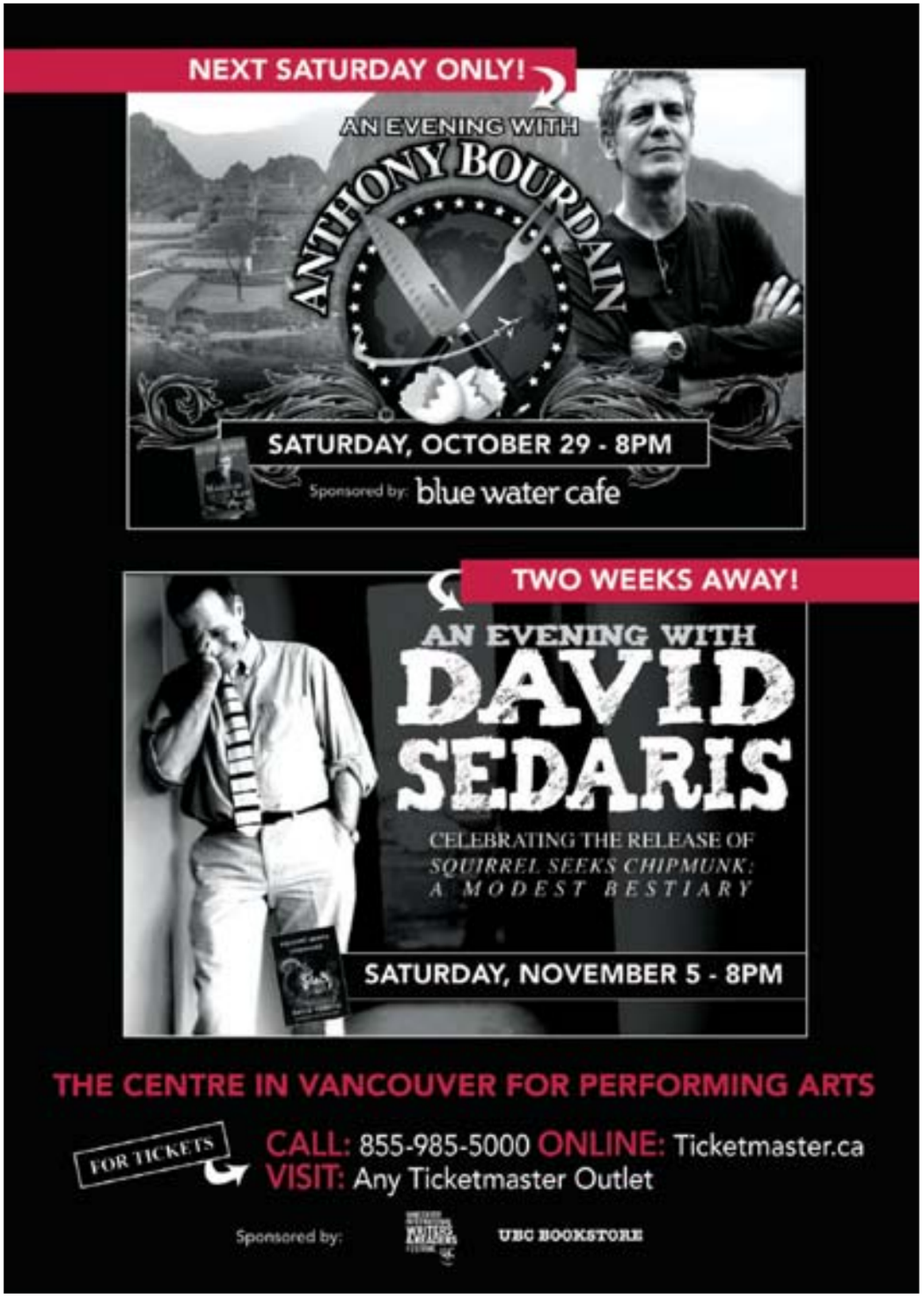
"I was a good teacher, I was good at managing the class and discipline, but I didn't know the stuff so I just prayed kids didn't read ahead."

Dee recalls one kid in particular asking him about the ancient Mayan civilization.

"I didn't know what the Mayans were. I couldn't say that, though. I had to pretend I did (know) but I didn't want to tell him, I wanted him to figure it out. It was just a chance for me to go home and look it up myself," he recalled.

"It was just a vicious cycle of like, 'Oh God, smart kids.' When you don't know the subject, smart kids are not fun to teach."

THE CANADIAN PRESS



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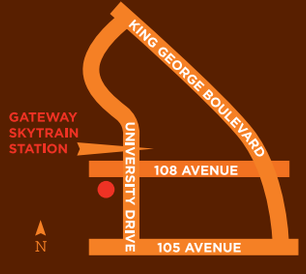

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Probation breach lands Lohan in cuffs

Star taken into custody after judge finds her in violation of probation
Bail set at $100,000

PHOTOS: GETTY IMAGES

▶ Lindsay Lohan

Lindsay Lohan has been taken away in handcuffs after a judge found her in violation of her probation.

Superior Court Judge Stephanie Sautner revoked Lohan's probation Wednesday after the actress encountered problems during her community service assignment at a women's shelter. Bail has been set at $100,000.

Sautner said Lohan would be entitled to a hearing before being sentenced to jail over the violation.

Lohan has started serving hours with the American Red Cross, but Sautner said that would not count toward her probation because it was not part of her sentence.

It's the latest legal problem for the 25-year-old Lohan, who remains on probation for a 2007 drunken driving case and a misdemeanour theft case this year. METRO

Talking points

Beyoncé's mom mum on pregnancy

Tina Knowles knows a lot of details about daughter Beyoncé's pregnancy, but she's keeping mum. "They know what they're having, but I'm not telling," Tina tells Life & Style magazine. She would, however, divulge that her daughter has made it through morning sickness. "She went through it, but she's got past it now," Tina says. "She's craving waffles." METRO

Jackman said no to Bond

Hugh Jackman says he was considered to take over the role of James Bond before it ultimately went to Daniel Craig. "I got a call from my agent saying, 'There is some possible interest in you for Bond. Are you interested?' At the time, I wasn't," Jackman says.

"I was about to shoot X-Men 2, and Wolverine had become this thing in my life. I didn't want to be doing two such iconic characters at once." METRO

Celebrity tweets

@pattonoswalt
"Jesus Christ, the 2 dudes who work at this EZ-LUBE are ALSO gorgeous. My car's getting fixed in an Abercrombie & Fitch catalogue."

@Andy_Richter
"My favorite country songs are the ones about country songs."

@MarthaPlimpton
"People ask @AlecBaldwin about pizza a lot. That's all I'm saying."

@AlecBaldwin
"Some website wrote that I'm worth $65 mill, so have no cred at OWS. Man.....news to me. Didn't know I had $65 mill."

▶ Jennifer Aniston

Reese gives love to Jen

Jennifer Aniston was honoured at Elle magazine's 18th annual Women in Hollywood Tribute, and her presenter, longtime pal Reese Witherspoon, couldn't contain her enthusiasm for the former Friends star, according to Us Weekly.

"On one hand, she is this gorgeous breathtaking beauty that men lose their thought process and their speech patterns [over] — I've actually seen this, it's incredible when they see her — and, on the other hand, she is a woman who lets you in," Witherspoon gushed.

"There's not that many people actually that have this incredible combination. You just want to get your nails done with her, and you want to make out with her at the same time ... at least I do." METRO

Keibler loves red carpet

George Clooney and Stacy Keibler are upping the ante when it comes to red carpet displays of affection, according to Us Weekly. Most recently? Hitting Paris for the French premiere of his new film, The Descendants, with Keibler on his arm. Clooney and Keibler "gazed adoringly at each other" while stopping for photographs. METRO

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Grammer says ex-wife married him because of Frasier

Kelsey Grammer thinks that ex-wife Camille Grammer had some pretty tough expectations when they first got together. "I think she married me because I was 'Frasier,'" Kelsey tells Piers Morgan in an interview. "[Frasier] had this great wonderful life ... he was stylish ... and just a little gay ... Kelsey Grammer is a different story." The actor also claims that his ex-wife's involvement on "the Real Housewives of Beverly Hills" was something of a "parting gift" from him. "It was a very difficult marriage and a very difficult decade," he says. "I thought, 'So long, here's a present for you.'" METRO

▶ Kelsey Grammer

She's got style in the bag

As Tiffany & Co. launches their new leather collection in Canada, designers Richard Lambertson and John Truex dish on what's involved in making a luxury handbag Some items in the collection go for as much as $21,200!

HEATHER BUCHAN
LIFE@METRONEWS.CA

Materials account for much of the cost, given that all the bags and wallets have leather exteriors and interiors. "With a lot of 'luxury' brands, you open up a bag and it's empty. It's fabric-lined with a zip pocket," says Truex.
The pair's designs were sent to craftsmen in Italy where the entire collection was made.
The star item has been this Tiffany Reversible Tote — a soft suede and metallic leather bag with palladium-plated solid brass hardware and a detachable zipper pouch.
All seams are double-stitched
Corners are riveted for protection
The designers travelled extensively to derive inspiration for their collection's rich saturated colours.

Bag mistake

What do the designers deem the biggest mistake a woman can make when choosing a purse?

"A mistake is wearing a huge tote when you're wearing a formal dress at a wedding," adds Truex. "It's like, come on! The bag is entering the room before you are."

Jeanne Space

TUNE INTO FASHION TELEVISION EVERY SUNDAY AT 5:30 P.M. (ET) ON CTV. JEANNE BEKER'S FINDING MYSELF IN FASHION (PENGUIN) IS AVAILABLE IN BOOKSTORES NATIONWIDE.

In this hectic modern world, Twitter has become a cool and succinct way of communicating. It allows me to be accessible, instantly speak my mind, and connects me with all kinds of people. Whether it's a fashion question, or you just want to comment on life's bigger picture, I'd love to hear from you.

@Jeanne_Beker: At @LGFWbyFDCC tent for @holtrenfrew show. Robin Kay's delivering a formal scripted speech. This is last season for LG. Let the show begin!
@Leeannlacroix: play by play please!

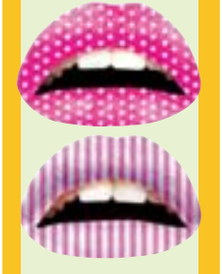
- **@Jeanne_Beker:** Jeremy Laing's timeless modernity opens
- **@AyznGurl:** @LGFWbyFDCC oooooo #JeremyLaing!!!!
- **@Jeanne_Beker:** Smythe's take on Canada Cool @LGFWbyFDCC
- **@Alli_Blair:** LOVE! Those ladies are blazer gurus @lgfwbyfdcc

3 life

Today's trend

KISS KISS BANG BANG

Violent Lip's temporary lip appliqués will allow you to wear on-trend graphics on your pout in Lady Gaga or Ke$ha style.



VIOLENT LIPS
$15, violentlips.com

Navajo Nation alleges trademark violations in Urban Outfitters' branding

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Deflate that face!

THE KIT

BY JANINE FALCON

Minimize under-eye puffiness with tips from Joanna Schlip, celebrity makeup artist and spokesperson for Physicians Formula.

How do I get rid of puffy morning eyes?

1. "Chamomile tea bags work miracles to reduce swelling," says Schlip, who works with Christina Applegate. Soak them, chill in the freezer then place on closed eyes for about 10 minutes.
2. Gentle massage with an eye cream can help excess fluid drain away.
3. "Caffeine can help, but for extreme cases, mix one part hemorrhoid cream with 10 parts eye cream," instructs Schlip. Test on your wrist for any reaction. If all is clear, "apply, then remove after five or 10 minutes."

To the Rescue: Neostrata Anti Dark Circle Complex smoothes wrinkles with retinol. $38, neostrata.ca. Garnier Nutritioniste Skin Renew Anti-Dark Circle Eye Roller contains caffeine. $20, garnier.ca. Clarins Eye Contour Gel de-puffs with wild rose extracts. $35, clarins.com.

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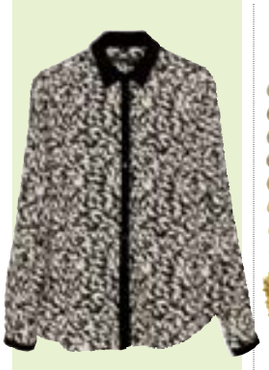
A cool twist on a classic idea

Give the standard blouse-and-trouser combo some punch by mixing texture and prints the way this fashionable-looking woman we spotted in Milan does here

Remix her style

▶ Valentina di Pinto
▶ Spotted: Milan



1

1 ZARA
bird print blouse
$60, zara.com

2

2 CLUB MONACO
Dora bag
$89, shopbop.com

3

3 ASOS
Horn necklace
$32, asos.com

4

4 ACNE
Vega pump
$560, acnestudios.com

5

5 TORY BURCH
velvet trousers
$350, netaporter.com

KENYA HUNT
LIFE@METRONEWS.CA
METRO WORLD NEWS IN LONDON

Style bomb

Rev your personal style up this season with a bomber jacket

The bomber. It's an aggressive name that's probably got you picturing alpha male types like fighter pilots, punks or most likely Ryan Gosling in the high-octane thriller Drive.

The best thing — and this is rare in our metrosexual world — is that this jacket is for blokes, as in men who don't necessarily moisturize or know that Chanel isn't pronounced "channel."

Yes, the belching man's man is back. And leading the latest fashion sting is Gosling wearing a scorpion-embroidered bomber, in a souped-up getaway car with a hot girl by his side.

1

2

3

1 AMERICAN APPAREL
charmeuse night jacket
$32, americanapparel.com

2 DIESEL
jozzi nylon bomber jacket
$192, asos.com

3 TOPMAN
design leather bomber
$300, topman.com

RICHARD PECKETT
LIFE@METRONEWS.CA
METRO WORLD NEWS IN LONDON

Easy decor details

Simple, decorative ideas you can get done in time for the holidays

DESIGN CENTRE

KARL LOHNES
HOME@METRONEWS.CA

It's hard to find time to take on decorating projects at this time of the year, so I've compiled three simple decorating touches that you can do on a budget and in less than an afternoon.

Darker days, darker doors

Impress guests with some drama when they come through the front door by painting your front door a deep, luxurious colour.

The trend of a dark pronounced exterior door is coming back in style as dark colours add a sense of sophistication and importance to the front entry.

Choose a dark colour that is 'almost black' in its tone; dark purples, greens and navy blue top my list, and if by standing at the road it looks almost black, then you have the right tone!

CONTRIBUTED

▶ Create drama by painting the inside and outside of your door a dark colour like purple, grey or navy.

SCOTCH BLUE BRANDS.

▶ Ensure a crisp, clean edge by using professional painter's tape.

Choose a high-gloss paint finish to add not only durability, but a glamourous sheen to the door. And while you are painting, why not wrap the colour around to the inside of the door? Adding that dark impact will do wonders to wake up your front foyer.

Colour coding

Looking for an easy way to choose the right paint colour for the front door? Look at the colour of the body of the house and choose the opposite on the colour wheel.

For instance, if you have low-ish brick or siding then choose a purple colour; if you have orange brick choose a blue or green colour; if you have greenish siding then choose a burgundy-red colour.

Opposites do attract!

BENJAMIN MOORE PAINTS

▶ Benjamin Moore's Kalamata AF-630 is fall's hottest front door colour.

Bedroom highs

Is the bedroom looking a little bare without a headboard?

Well, with a bit of paint, edging tape (try 3M's Edge-Lock blue Painter's Tape — it is new on the market and gives a crisp, clean edge to your paint job) and a level, you can create a faux headboard, which will add a focal point to your room.

For good proportions, measure the faux headboard six inches wider than your bed and at a height of around 52 inches (standard size).

To make the painted headboard blend into the room, choose a paint colour similar to the colour of your bedskirt or bed base.

When the paint is dry, lean some large pillows across the top of your mattress and you'll add a luxurious layered look to your bedroom.

CONTRIBUTED

▶ No headboard? No problem. Just pull out a brush and paint one on the wall.

Art tricks

You can use the same paint-blocking trick to make artwork look larger. Artwork is often purchased for the subject matter or colours, but may not be the right proportion for the wall space you intend to use it on.

A simple way to make a small piece of art look larger or to tie together a collection of smaller pieces of art is to tape off an area slightly larger than the art, paint a block of colour and you'll visually grow the overall scale of your artwork larger.

Let your furniture 'slip into something more comfortable'

Slipcovering your furniture with store bought or custom tailored covers is a great way to change up the look of your furniture seasonally, hide old outdated pieces or protect valuable furniture from fading, wear and tear.

Store bought slipcovers range from $35 to 200 and although do not offer a tailored fit, can give a clean, fresh look to worn or outdated furnishings.

The look will be casual and they are recommended for utility over high fashion.

Find Sure Fit Slipcovers online and at Sears.

The labour for making custom made slipcovers can cost from $50 to cover a dining chair and up to $600 for a sofa, plus the fabric you choose.

It generally takes one to four weeks to create a couture cover for your well-loved furniture.

KARL LOHNES

Change it up

Chintz & Company is a custom slipcover company that can have your old furniture covered by Christmas.

POTATO SKINS.

▶ Slipcovered chair

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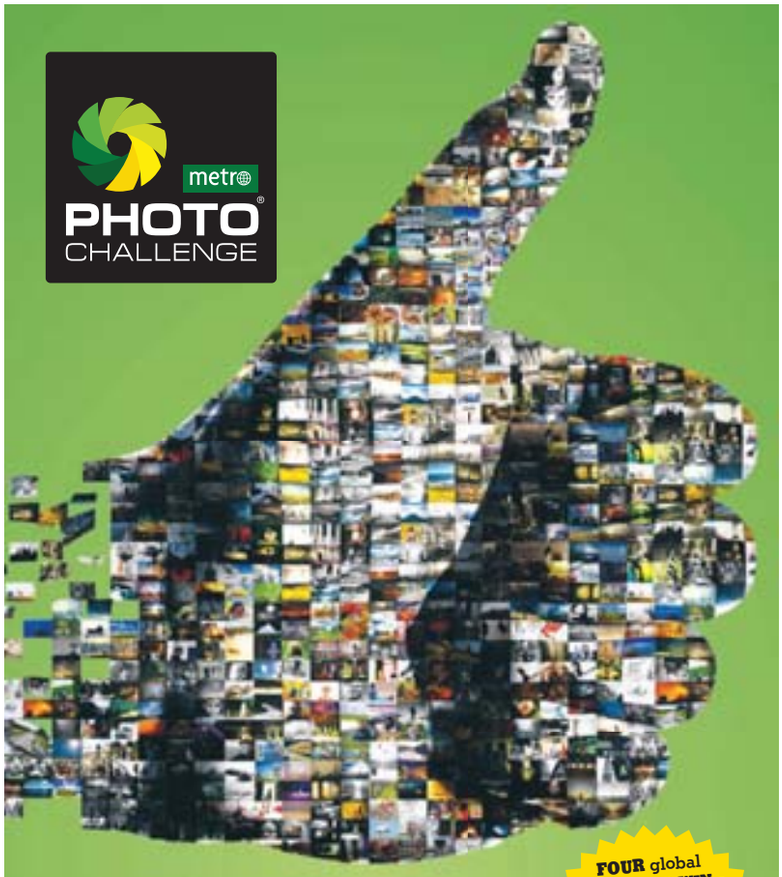

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The photos in picture are from previous editions of Photo Challenge.

How to keep warm this winter

- Curling up with blankets and cups of cocoa is lovely — but not when it's necessary for indoor survival
- Here's a few tips for winterizing your home

DIY IDEAS

By following simple fall maintenance tips, you can save energy and stay warm this winter.

In every episode of 10 Grand in Your Hand host John DeSilvia shows homeowners how to cut up to $10,000 from their renovation and remodelling budgets by offering advice on new technologies and how-to information for doing it yourself.

HANDOUT

▶ Licensed contractor John DeSilvia hosts 10 Grand in Your Hand.

Windows

Check for drafts by holding a lit candle near the seams of a closed window.

If the flame bends, there's a draft.

Check the exterior caulk for gaps and cracks that may need repair.

Remove all of the old caulking with caulk softener.

Polyurethane caulk works best for small and large gaps.

After thoroughly cleaning the surface, use the new caulk and run a wet finger overtop for a smooth finish.

After drying for 12-15 hours, your windows are ready for winter.

"Check for drafts by holding a lit candle near the seams of a closed window. If the flame bends, there's a draft."

Fireplace

Wood-burning fireplaces should be cleaned and inspected before winter falls.

This will prevent chimney fires and carbon monoxide poisoning.

Attic

Make sure the insulation in your attic is installed properly.

The vapour barrier should be facing down toward the living space, otherwise it will trap moisture.

Cut small holes along the vapour barrier to allow the moisture to escape.

Furnace

Always clean and replace filters in your furnace or heating system.

Have your gas heater or furnace inspected and serviced to avoid carbon monoxide poisoning.

Carbon monoxide and smoke detectors

Every fall, check your carbon monoxide detectors and smoke alarm and install fresh batteries.

A smoke alarm can save lives in a house fire.

Carbon monoxide is an invisible and odourless byproduct of burning oil or natural gas — the detector will sound if these levels get too high.

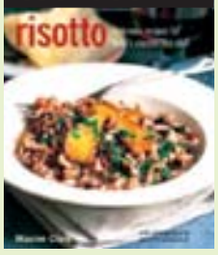
Keep a lid on it

Inspect your roof for wear and tear.

- **Shingles** that are curling, buckling or crackling need to be replaced.
- **Flashing:** Be sure to check the seams around skylights, pipes and chimneys.
- **Keep the heat in:** If there are any leaks or gaps, heavy snow and ice will find its way in — along with the cold.

10 GRAND IN YOUR HAND AIRS THURSDAYS AT 10 P.M. ET/PT ON DIY NETWORK CANADA.

Weekly Cookbook



Maxine Clark's collection, Risotto: Delicious Recipes for Italy's Classic Dish (Ryland, Peters & Small, 2011), features both popular favourites and lesser-known dishes.

More than 50 recipes are included that incorporate vegetables; cheese and eggs; poultry and game; meat; sausage and bacon; fish and seafood; and more.

A chapter on basic stocks provides simple directions for creating the perfect base for all your risottos.

Among the recipes included are: Oven-Roasted Mediterranean Vegetable Risotto, Mozzarella and Sun-blushed Tomato Risotto with Basil, Duck Risotto with Spinach, Chicken Liver Risotto with Vin Santo, Ham and Leek Risotto, Risotto with Red Wine, Mushrooms and Pancetta, Scallop and Spring Onion Risotto, Crab and Chilli Risotto, many more.

Meanwhile, the chapter titled Other Ways with Risotto includes variations on the risotto theme including Rice Croquettes with Tomato Sauce and Sicilian Fried Rice Balls.

Risotto gets new texture thanks to tasty wild rice

Recipe modernizes Italian classic It also uses mushrooms & cheese for a burst of flavour

DINNER EXPRESS

EMILY RICHARDS
FOOD@METRONEWS.CA

Creamy and full of mushrooms, this dish will warm you up on these cooler evenings.

Bursting with rich robust flavours of brown mushrooms and pecorino romano cheese, it uses wild rice for a slightly different texture and flavour.

The risotti is best served with a crisp green salad.

THE CANADIAN PRESS H/O

▶ This recipe serves four.

Preparation:

1. In saucepan, heat stock to a simmer.
2. In a separate large saucepan, heat 15 ml (1 tbsp) of the butter and oil on high and cook until melted and bubbly. Add onion and cook until softened, 3 to 5 minutes. Add garlic and stir.
3. Add rice and stir to coat thoroughly. Add a pinch each of the salt and pepper. Pour wine over rice and cook for 2 minutes until some of the alcohol boils off.
4. Add 2 ladlefuls of the hot stock to rice and stir well. Stir frequently as the stock starts to boil off and the rice begins to get soft. Add mushrooms.
5. Keep adding stock by ladleful, stirring every 2 minutes until all the stock is absorbed and the rice is thoroughly cooked through. This will take about 30 to 40 minutes with brown rice. If you run out of stock, add a bit of hot water.
6. Add remaining butter, cheese and parsley; stir to combine. Divide equally among 4 plates.

EMILY RICHARDS IS A PROFESSIONAL HOME ECONOMIST, COOKBOOK AUTHOR AND A TV CELEBRITY CHEF. FOR MORE, VISIT EMILYRICHARDSCOOKS.CA/

THE CANADIAN PRESS/DARINA KOPCOK OF GRATINEE FOR MUSHROOMS CANADA

Ingredients:

- 1 L (4 cups) chicken or vegetable stock
- 30 ml (2 tbsp) butter
- 15 ml (1 tbsp) olive oil
- Half an onion, finely diced
- 1 large garlic clove, minced
- 250 ml (1 cup) brown and wild rice mixture
- 2 ml (1/2 tsp) sea salt
- 1 ml (1/4 tsp) freshly ground black pepper
- 50 ml (1/4 cup) white wine
- 750 ml (3 cups) mixed baby mushrooms such as cremini, button and chanterelle
- 125 ml (1/2 cup) freshly grated pecorino romano cheese
- 5 ml (1 tsp) chopped fresh parsley

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WWW.HELLENICCOMMUNITY.ORG

Upgrade eggs into a frittata

MATTHEW MEAD/ THE ASSOCIATED PRESS

Swiss Chard, Mushroom & Tomato Frittata

▶ This recipe makes four servings.

Ingredients:

- 6 eggs
- 125 ml (1/2 cup) milk
- 2 ml (1/2 tsp) dried thyme
- Pinch each salt and ground black pepper
- 30 mL (2 tbsp) sun dried tomato oil from jar
- 125 g (4 oz) sliced white button mushrooms
- 1 onion, diced
- 50 ml (1/4 cup) chopped oil-packed sun-dried tomatoes
- 2 cloves garlic, minced
- 500 ml (2 cups) chopped Swiss chard
- 125 ml (1/2 cup) shredded cheddar cheese

Preparation:

1. In a bowl, whisk eggs, milk and thyme. Add salt, pepper; set aside. Then Heat sun dried tomato oil in oven-safe non-stick skillet over medium-high heat. Add onions, mushrooms, sun dried tomatoes and garlic. Sauté until onions are soft, about 5 minutes. Add chard and cook until just wilted.
2. Spread vegetables in an even layer over bottom of pan. Pour egg mix over them, then cook, without stirring, for 4 minutes, or until bottom has set. Sprinkle cheese over top of frittata.
3. Transfer pan to middle rack of the oven and broil until frittata is puffed, lightly browned and firm at the centre, 2 to 3 minutes.
4. Remove pan from oven and cool slightly before slicing.

EMILY RICHARDS/ THE ASSOCIATED PRESS

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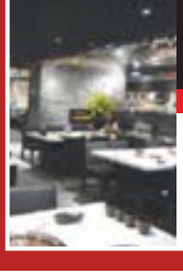

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For advertising info contact **Bruce** at:
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Running your own business puts you in control like never before. It can mean long hours and a steep learning curve, especially in the first year. But there are lots of convenient options you can take advantage of from Day 1 to save you time.

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[1] Shared recipient of six Synovate Best Banking Awards 2011 among the Big 5 Banks, including Financial Planning & Advice. Synovate 2011 Best Banking Awards are based on quarterly Customer Service Index (CSI) survey results. Sample for the total 2011 CSI program year ended August 2011 was 40,393 households yielding 40,441 financial institution ratings. [2] As designated by Global Finance, July 22, 2011, based on competition entries evaluated by a world-class panel of judges at Intrepid Forrester Research, Inc.; 2010 Canadian Banking Secure Web Site Rankings (December 2010); and the 3rd edition of Synovate's online banking scorecard, October 14, 2010. "RBC" Trademark(s) of Royal Bank of Canada. RBC and Royal Bank are registered trademarks of Royal Bank of Canada.

4 sports

World Series. Opener

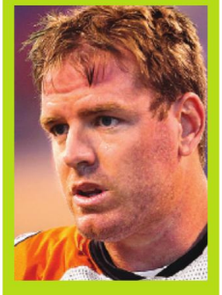
▶ The St. Louis Cardinals celebrate after defeating the Texas Rangers last night in St. Louis.

DOUG PENSINGER/GETTY IMAGES

Pinch-hit single gives Cardinals win over Rangers

Pinch-hitter Allen Craig singled in the go-ahead run off reliever Alexi Ogando in the sixth inning with a sinking line drive that dropped just in front of right-fielder Nelson Cruz, and the St. Louis Cardinals beat the Texas Rangers 3-2 last night in a chilly World Series opener.
St. Louis ace Chris Carpenter got the win, allowing five hits in six innings, and Jason Motte got his fifth post-season save. Rangers starter C.J. Wilson walked a career-high six in 5⅔ innings and took the loss. THE ASSOCIATED PRESS

Quoted



"It was fun to be playing football, it was fun to be in a huddle again, it was fun to be throwing routes in 7-on-7 and teams and all these things."
NEW RAIDERS QB CARSON PALMER. A DAY AFTER BEING TRADED FROM CINCINNATI, PALMER SHARED FIRST-TEAM SNAPS YESTERDAY WITH KYLE BOLLER.

Taking comfort in Canucks' slow start

THE HOCKEY NEWS

EDWARD FRASER
VANCOUVER@METRONEWS.CA

Oh how quickly the fingers hover above that panic button.

Four short months after coming within a single victory of the Stanley Cup, fans across Vancouver — and those picked up along the way during last season's playoff run — are fretting mightily over the team's 2-3-1 start.

Retract those phalanges, folks, a slow start is nothing new and the Canucks will be just fine. Here's why:

History repeats itself: Can you guess the team's record through six games last season? Of course you can, it was 2-3-1. The following 100 games of 2010-11 turned out just fine. This year will be the same (well, for the regular season, anyway).

Ryan Kesler: As important as the Sedin brothers and Roberto Luongo are to this team, the 27-year-old Kesler is the gas in the team's turbo engine.

There was already a new energy around the club during the 4-0 loss to the Rangers. You could have closed your eyes and simply heard Kesler's early impact: Within 15 seconds of hitting the ice for the first time he was banging himself and a Blueshirt into the boards. That boost will pay off and pay off soon.

He's not being eased into the lineup (he logged nearly 20 minutes of ice time in his debut) and if there is an ounce of complacency in the dressing room, he'll quickly erase it.

Roberto Luongo always starts slow: That about says it, doesn't it?

Special teams are still special: Last year the Canucks were No. 1 on the power play and tied for second on the penalty kill. This season, they're 15th and 26th. The numbers aren't pretty (17.2 and 79.3 percent), but a market correction is in order.

There's nothing in either unit's play that indicates a need for concern. In fact, the puck movement on the power play has been better at times this season than it was last year. And, needless to say, the addition of one of the best penalty killers in the game (his name appears three points above) will pay dividends.

Canuck Kudos. A tip of the hat for the way the team handled the tribute to the late Rick Rypien. Presentations of this ilk often don't hit the mark and can end up disrespectful, but the Canucks did it well. Additional kudos for helping to create a website dedicated to dealing with mental illness.

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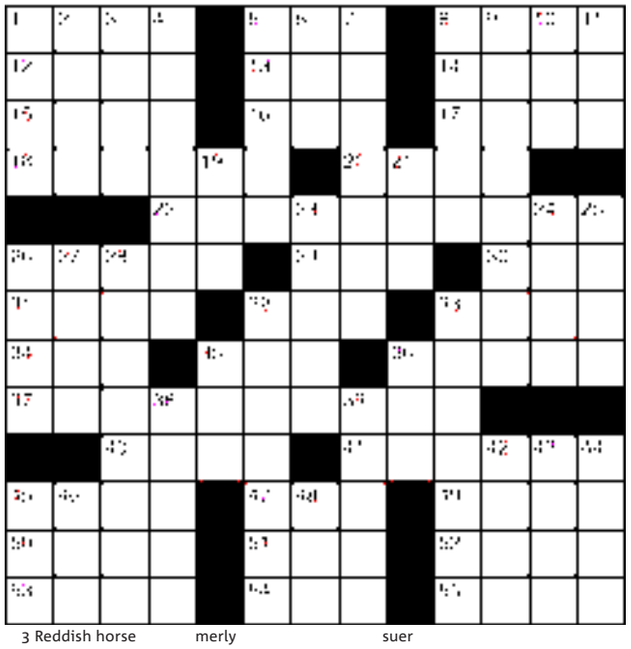
Crossword



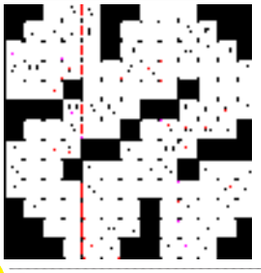
Across

1 By way of, briefly
5 Perch
8 Somewhere out there
12 Many millennia
13 Bill's partner
14 Buffalo Bill's last name
15 Support group?
16 Genetic letters
17 River to the Seine
18 Holy locations
20 Miffed
22 It's opposite the hypotenuse
26 "Ghosts" playwright
29 "A mouse!"
30 Play with robots
31 Carey or Brees
32 Pitch
33 All — (attentive)
34 Lubricant
35 So five minutes ago
36 Beginning
37 Abandoned
40 Island neckwear
41 Cancel out
45 You, once
47 Pooch
49 Off base
50 Eject
51 Commotion
52 Clothing store section
53 Interweave
54 Still
55 Advantage

Down

1 Surveillance
2 Mrs. Zeus
3 Reddish horse
4 Remove a twist-off cap
5 Raw-boned person
6 Charged bit
7 Small appliance
8 Squirrel's tidbit
9 Ritzy pâté
10 Billboards
11 "Catcher in the —"
19 Can metal
21 Former 8-Down
23 Moor
24 Entice
25 Formerly, formerly
26 "American —"
27 Soft cheese
28 Altruistic
32 Mardi, as in "Mardi Gras"
33 Chess denouement
35 Japanese sash
36 Indivisible
38 Choppers
39 Gold mold
42 Dumbstruck
43 Oriental gang
44 Otherwise
45 Jerry's pursuer
46 Shade
48 Praise in verse

▶ Yesterday's answer



For today's crossword answers and for expanded horoscopes, go to metronews.ca

Sudoku

1			3	2				9
	7					1	4	
	3			1	6			5
					3			2
		8				6		
7			4					
4			8	3			2	
	5	2					9	
6				5	7			4

How to play

Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved. You solve the puzzle with reasoning and logic.

Yesterday's answer ▶

6	5	8	1	4	3	2	7	9
7	4	1	2	6	9	3	8	5
9	2	3	5	7	8	6	4	1
4	8	9	3	1	7	5	6	2
2	3	6	8	5	4	1	9	7
1	7	5	9	2	6	4	3	8
3	9	2	6	8	1	7	5	4
8	1	4	7	3	5	9	2	6
5	6	7	4	9	2	8	1	3

Send a KISS

You can now post your kiss, and read even more kisses, online at metronews.ca/kiss.

Amore, Baby you are so good to me, I couldn't imagine life without you, ever! You've got the love I need & I want you to know I love you more today than I did yesterday! **PER SEMPRE**

My Lovely Princess Missing those big blue beautiful eyes n smile of yours. Looking forward for big birthday party in less than two weeks. Keep your head up n don't forget to smile. :):) haha..LOL **PC**

Pablo, We kinda talked in gr.9 but it was in Eng 10 when we really got to know each other and we never looked back. Its been over two years since we have been together & they have been amazing. It just sucks that I can't see you everyday like I use to since I'm in college and you are in high school but always remember one thing, "I L word you." **BOB**

Today 13°/8° Variable
Friday 12°/10° Showers 80%
The Weather Network Download WeatherEye to your smartphone.
TWN incorporates MSC data

Today's horoscope

♈ Aries March 21-April 20 Someone in a position of authority can threaten or bribe you, but you won't lose sight of your principles.

♉ Taurus April 21-May 21 You would be wise to watch your back over the next 24 hours. According to the planets, a rival is plotting.

♊ Gemini May 22-June 21 You may not want to give up on a project but you have no choice. It would take cash to keep going.

♋ Cancer June 22-July 22 Deep down, you know what must be done but you seem to be waiting for a sign. Trust your gut instead.

♌ Leo July 23-Aug.23 You may be tempted to hold out for a better offer but that may not be such a good idea. Seal the deal.

♍ Virgo Aug. 24- Sept. 22 If you believe things will go badly, they may. You'll feel better when the Sun changes signs this weekend.

♎ Libra Sept. 23-Oct. 23 The best way to deal with someone who refuses to see sense is to let him or her go. He or she will learn.

♏ Scorpio Oct. 24-Nov. 22 In a matter of days, you will confound your critics and do something extraordinary.

♐ Sagittarius Nov. 23-Dec. 21 Give others the impression that you don't really care whether you win or lose — then strike.

♑ Capricorn Dec. 22-Jan. 20 Don't dwell on your failures. You can't change the past so why waste time thinking about it?

♒ Aquarius Jan. 21-Feb. 18 Something seems to be bothering you deeply and your rivals have picked up on the scent of your fear.

♓ Pisces Feb. 19-March 20. Why are you trying to live up to an unture image? Don't try to be someone else. **SALLY BROMPTON**

Caption contest

ROB GRIFFITH/ THE ASSOCIATED PRESS

STEFFEN SCHMIDT/ THE ASSOCIATED PRESS

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You write it!

Write a funny caption for the image above and send it to play@metronews.ca — the winning caption will be published in tomorrow's Metro.

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☑ Consumer's Choice Award Winner Best Local Jeweller for 9 Years in a Row!

As the price of gold reached a record high, the Better Business Bureau warned sellers across B.C. to beware of scammers hoping to rip off people cashing in. Prices for the precious metal have soared over $1,700 an ounce, and BBB President Lynda Pasacreta says that she's seen a corresponding increase in people falling victim to unscrupulous buyers. *"We've noticed that, especially in the online world, people are sending in their gold, and then they're either being disappointed with the price they're being quoted or they're not hearing anything -- [the gold] just kind of disappears,"* she told CTV News. *"The BBB is currently handling 19 complaints against a single gold-buying company in mainland B.C."* There are no complaints about J&M.
We are well known to pay the best prices in town.

See the CTV interview online at:
http://www.bullioncoinsandbars.com/article-2011-08-09-bbb.htm

Prices in this ad based on **gold @ U$1,733.75** and **silver @ U$36.40** and a **USD/CAD exchange rate of 1.03 on September 22, 2011, the day this ad was created.**

Below is a direct, real comparison of J&M's buying prices with those of a new Vancouver buyer claiming to be the highest buyer.

Item/Description	They Pay	J&M Pays
10kt scrap gold, per gram	$17.60	$18.96
14kt scrap gold, per gram	$20.64	$22.63
1 oz. Recognized Gold Bar	$1,690.00	$1,789.25
1 oz. Gold Maple Leaf Coin	$1,700.10	$1,801.16
Sterling Silver, per Gram	$0.68	$0.88
Silver Canadian Coins from 1966 and earlier, per $1 face value	$17.40	$20.09

Gold Coins and Bars

1 oz. modern, sealed bars	$1,789.25
1 oz gold Maple Leaf	$1,801.16
1 oz. Krugerrand	$1,742.19
Sovereign	$408.01

Silver Coins and Bars

1 oz. silver bar	$38.67
10 oz. silver bar	$389.85
100 oz. silver bar	$3,806.13
1 oz. silver Maple Leaf	$39.03

Canada Collector Coins

1948 $1	$900.00 and up
1890H 50¢	$500.00 and up
1875H 25¢	$200.00 and up
1889 10¢	$350.00 and up
1921 5¢	$4,000.00 and up
1923 1¢	$14.00 and up

Silver Coins *Per $1.00 Face Value*

Canada 1968	$12.25
Canada 1967	$15.66
Canada 1966 and earlier	$20.09
USA 1964 and older	$24.39

Scrap Gold *Per gram*

10kt	$18.96
14kt	$22.63
18kt	$34.30

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